

Let's make your event

# MEMORABLE



SPEAKING 2024

**KEMINEKVAPIL**

Coach. Speaker. Author.



ACCREDITED —



Kemi is not your average speaker. She speaks with a unique voice, which balances candour and compassion. She is dynamic and engaging, a master communicator.

Kemi has worked with groups and organisations worldwide; speaking, coaching, and facilitating in Europe, Africa, USA, Asia, and Australia. She can communicate her message to people in a way that attunes to the cultural context.

In 2018 she was invited to Richard Branson's Necker Island and was asked to sit on a panel discussing 'humanity at work', and has trained with Dr Brenè Brown as a Dare To Lead™ Facilitator, working with organisations to create daring leaders and courageous cultures.

Driven by clarity and connection, Kemi's desire for every attendee is that they leave her presentations with confidence, clarity, and tools for action.

As an accredited International Coaching Federation (ICF) Professional Certified Coach, offering both executive and personal coaching, building trust is natural to Kemi. Her intuitive way of reading the room (or the Zoom) is one of her innate skills. It allows her to engage with her audiences in a way that deepens the conversation and opens up potential.

A professional actor for many years, including working with the Royal Shakespeare Company and The National Theatre, Kemi is not only a great storyteller, but she also knows how to capture and hold the attention of the audience.

“Kemi’s dynamic presentation had everybody truly engaged and hanging on every word...”

“Kemi was a guest speaker for an inspiring leadership session at Atlassian focused on self-leadership and owning your own story. The audience were all moved by her candour, pragmatism, inspiration and vulnerability. Following the event, we collected feedback which was overwhelmingly positive with attendees confirming it was one of the most powerful leadership sessions they have attended along with feeling more confident to apply self-leadership practices. We look forward to continuing to work with Kemi in the future.”

-ATLASSIAN



TEDx



lululemon



ABC



Business Chick's



HUFFPOST



General Electric



Future Women



dermalogica



pwc



zoom



Commonwealth Bank



ATLASSIAN



OMEGA



ACCORINVEST



THE AGE



MiNDFOOD



WellBeing



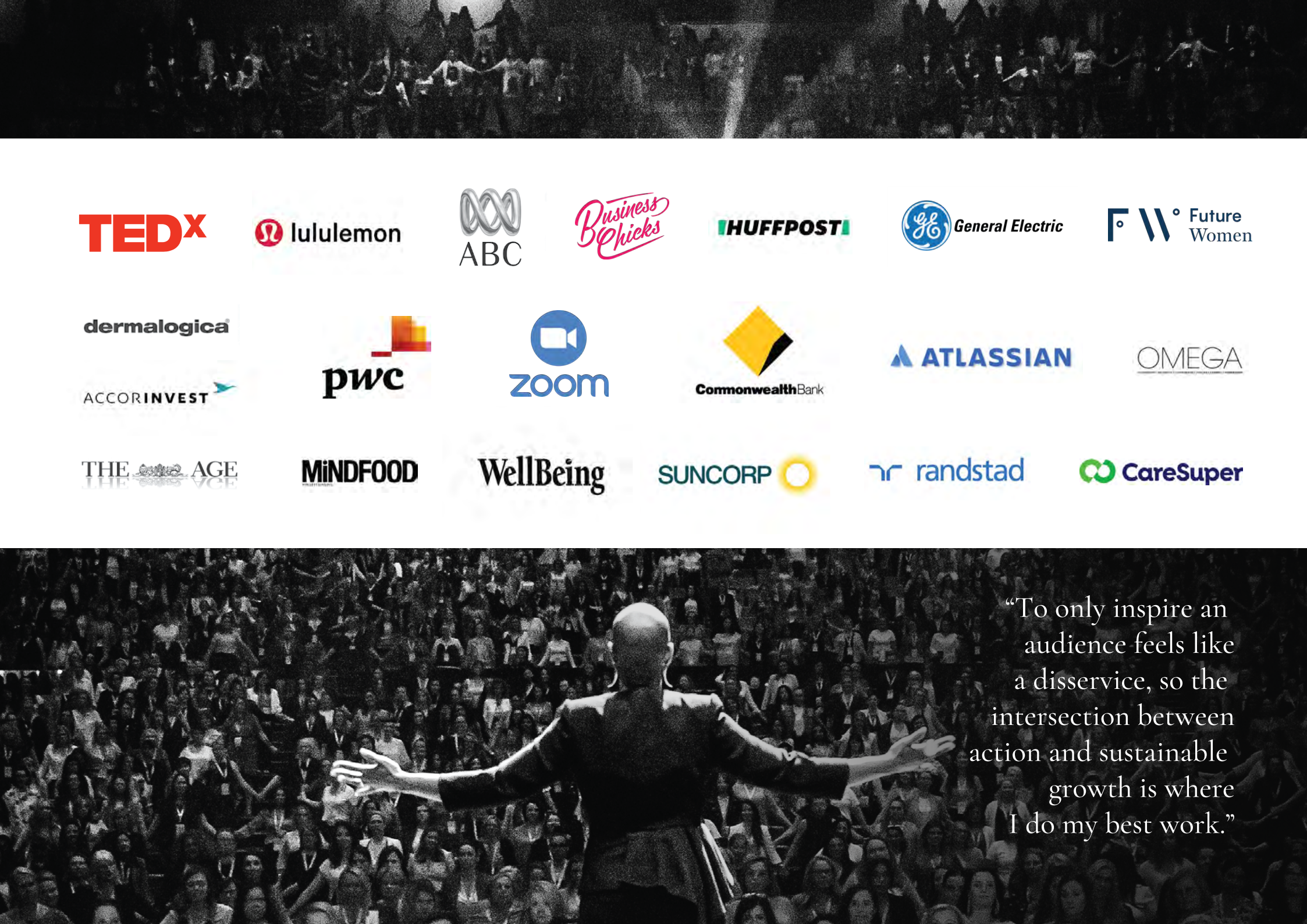
SUNCORP



randstad



CareSuper



“To only inspire an audience feels like a disservice, so the intersection between action and sustainable growth is where I do my best work.”

# LEADERSHIP

CONTRIBUTION & CONNECTION

I

THE 5 RULES OF  
SELF-LEADERSHIP

2

THE EMERGING LEADER

“The title of leader does not mean one has made it, it means that one has just begun.”



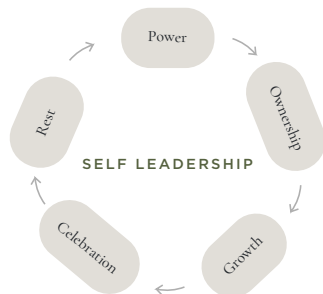
# “Being human at work, works.”

## 1. THE 5 RULES OF SELF-LEADERSHIP

Working for the last eight years as an executive and personal coach, Kemi knows that the leaders who lead others well are the ones who can lead themselves; they see their personal and professional development as their most powerful leadership tools and aim to empower these tools in their teams.

### SELF-LEADERSHIP

This keynote session is for organisations who want to build integrated leaders who are able to lead as ‘humans’, and lead others to do the same.



## 2. THE EMERGING LEADER

Emerging leaders of the future are required to empower, not ‘power over’. Many come in having created conscious and unconscious ideas of what a leader is, and do not feel that they meet those images. This undermines their confidence and how they lead. Imposter complex is a well-documented phenomenon when it comes to female leadership. Recognising it, and then managing it, is one of the most important tools in the emerging leader’s toolbox.

In this keynote session Kemi will:

- Explain what drives the imposter complex and the many ways in which it undermines female leaders from the emerging to the very top
- Share tools to manage and lessen the imposter complex and to use it to lead with an advantage
- Explore how leaders can own and name their unique ‘imposter’ and use it for growth and connection

“We have had the privilege to work with Kemi over the past 2 years to redefine and reshape our team values. This work has proved instrumental in developing a stronger community and culture built on unity and collaboration amongst our leaders. As a facilitator Kemi has a genuine warmth, love, and connection with all attendees. She is engaging, influential and interweaves powerful stories as a vehicle for learning and purpose. One of the most compelling outcomes of these sessions is not just that attendees have left feeling motivated and inspired, the benefits are more powerful, as attendees leave with a greater sense of who they are as a leader and how they want to evolve to be bolder, more daring and more courageous and, ultimately progress closer to reaching their true potential!”

**- GM, Arbonne**

# WOMEN

## PERSONAL POWER

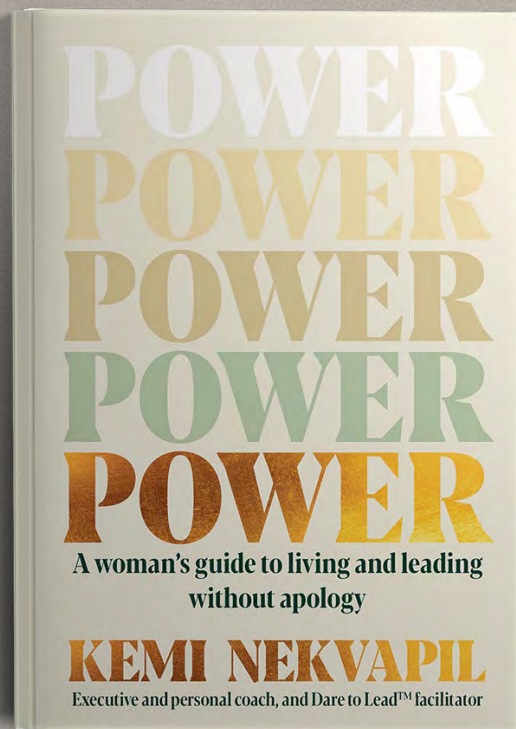
- |   |                    |
|---|--------------------|
| 1 | POWER              |
| 2 | WOMEN AND WORTH    |
| 3 | THE GIFT OF ASKING |

“Women do not have to settle. We are allowed to ask for more; to ask for different; to ask for better.”



# POWER

A woman's guide to living  
and leading without apology



## 1. POWER

In her bestselling book POWER, Kemi has created a transformational five-step process to guide women to build their power and leadership.

POWER provides the tools to navigate the challenges that impact who we are, from discrimination and burnout to purpose and belonging, allowing us to create lives of joy, fulfilment and impactful leadership.

In this keynote session Kemi will:

- Shift your thinking about what power is and who gets to have it.
- Define the guiding principles of building and maintaining sustainable power – Presence, Ownership, Wisdom, Equality, Responsibility
- Blend inspiring stories with reflective coaching practices, which provide the tools to navigate the challenges that impact who we are and how we choose to lead.



"Kemi not only provided our staff with something new to learn but her presentation was interactive and thoroughly enjoyed by all who were present. The amount of positive feedback was a testament to how fantastic Kemi's presentation was to our staff"

**–PriceWaterhouseCoopers**

*Image Credit: Business Chicks*

## 2. WOMEN AND WORTH

In an environment where many organisations are pushing for diversity at all levels, potential female candidates who do not feel worthy enough to step up are a wasted resource. This is a candid keynote based on women's struggle to see their own worth, either in the work or home environment. This affects the jobs they apply for, the wages they ask for, and how they value themselves in the marketplace, which in turn affects society as a whole.

In this keynote session Kemi will:

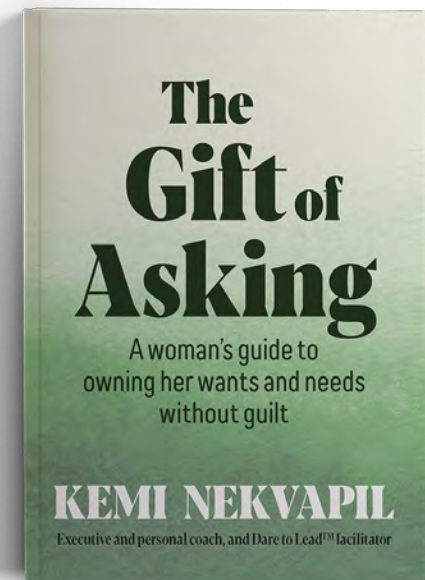
- Uncover the internal and external obstacles which hold women back in the workplace and provide on-the-spot solutions to navigate these obstacles
- Prove that a woman's worth is more than being constantly available for others
- Empower the women in the room to believe that they are 'allowed' in any room they want to enter and bring other women with them

## 3. THE GIFT OF ASKING

The Gift of Asking keynote is based on Kemi's second book, *The Gift of Asking – A woman's guide to creating personal power*. Building a successful coaching practice of female clients over the last eight years has brought to light for Kemi the struggle that many women face when it comes to asking. Marked as the givers in society, where do women have the space to be the askers? Our families, workplaces and communities suffer when women do not know how to ask or how to receive.

In this keynote session Kemi will:

- Break down the cultural and gendered myths about asking
- Reveal how asking is a practice that will elevate self-worth and opportunities
- Share how women can ask for what they need and want, without guilt





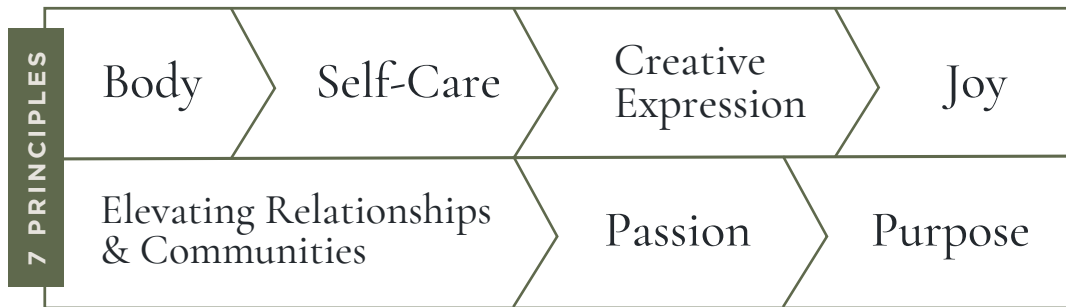
# WELL-BEING

SUSTAINABLE FOUNDATIONS

- |   |                                |
|---|--------------------------------|
| 1 | THE 7 PRINCIPLES OF WELL-BEING |
| 2 | THE POWER OF CHOICE            |

“Our choices impact our actions, and our actions impact our lives.”





## 1. THE 7 PRINCIPLES OF WELL-BEING

In the 7 Principles of well-being keynote, Kemi invites the audience to explore their individual relationship to fulfilment, balance and success. Are we successful if we are on our way to burn out? Are we living if we are disconnected from ourselves and those around us?

In this keynote session Kemi will:

- Define the 7 Principles of Well-Being and how they influence the way we work and live
- Talk through what it is to be a 'well-being'
- Facilitate a coaching process which allows each individual to take action towards their definition of well-being

## 2. THE POWER OF CHOICE

In this powerful session, Kemi's origin story proves that where we come from does not dictate where we end up. Raised in foster care in 1970's England, Kemi went on to work, as an actor with the Royal Shakespeare Company and National Theatre, as a yoga teacher and chef in the UK and Thailand, and finally as an entrepreneur, creating businesses that allow her to bring her life experiences to the service of others.

Kemi shares the choices that she made along the way that influence who she is and the work she does, and argues that no matter where we started, or where we are, we always have choice.

In this keynote session Kemi will:

- Expose why it is important to have the concept of choice in your toolkit
- Share the story of 'The 3 Golden Nuggets' and why we all need to access their power
- Explore how to integrate our full humanity to make a positive impact

"From the minute Kemi commenced the workshop the audience was completely captivated with her humility, humorous storytelling and above all her intuitive ability to connect with everyone in the room."  
– **event attendee**

"It was a great day full of inspiration, emotion and nourishment and encouragement to get out of the comfort zone and embrace new things. What an amazing woman Kemi is, absolutely life changing!"  
– **event attendee**

# WORKSHOPS & MASTERCLASSES

## IN PERSON & ONLINE

Each keynote presentation can be presented in person or online as an exclusive 2-hour masterclass or a longer facilitated workshop. Kemi is well known for providing effective and memorable facilitation that bring her keynotes to life, working with her clients to deliver presentations and programs tailored for them and their organisations.

Add one or more of these workshops to your conference or event to provide a memorable and effective experience, leading to tangible positive shifts and changes in the attendees and in your organisation.

### LEADERSHIP

1. The 5 Rules of Self-Leadership
2. The Emerging Leader

### WOMEN

1. Power
2. Women and Worth
3. The Gift of Asking

### WELL-BEING

1. The 7 Principles of Well-Being
2. The Power of Choice

**dare to lead™** PROGRAMS

If you are interested in Kemi bringing Dare to Lead™ to your organisation please email [kemi@keminkevapil.com](mailto:kemi@keminkevapil.com) for a brochure.



“It is time to ignite a new way of leading self and others in a rapidly changing world.”

“We were lucky to work with Kemi for our executive managers in October 2020. She quickly understood our context of change and our challenges. Not only did she meet our needs, but she also provided us with relevant and tailor-made content to support our managers in these uncertain times. Kemi is an inspiring and deeply human woman. She passes on her knowledge and experience with passion. The participants appreciated her dynamism, her positivity and the depth of her messages. I would recommend her to anyone who needs a convincing and compelling speaker on leadership issues.”

- **AccorInvest**

# KEMINEKVAPIL



Coach. Speaker. Author.

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"Kemi spoke at Randstad's Directions event and has created an inspiring movement amongst our members. Her warm and welcoming approach allowed our audience to open up and face the challenges in life and aspire to make changes and embrace the freedom of choice for personal improvement. The audience was overwhelmed with her charisma and impressed with her engagement involving every audience member in the journey. Kemi was a breath of fresh air and an amazing presenter who we would love to welcome back again in the future."

- *Randstad*

"Kemi Nekvapil is one of the best keynote speakers I've ever seen. She seamlessly combines moving stories with dashes of humour, robust research and wise advice. I gasped when Kemi jumped down from the stage to walk among members of the audience. Her effortless questioning throughout the speech engages participants on a deeper level. Truly, they were hanging on her every word. Highly recommended."

- *Tracey Spicer*

